

# MORE FUN WHILE RIDING SAFELY



## Your safety is important for you

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Freestyle snowriding and the use of terrain park facilities offer many challenges. At the same time they include certain risks. Regulations are established to ensure that users get the most enjoyment from the course while maximising the safety of park participants and spectators.

Please have a look at the following SMART STYLE regulations valid in Funpark Plöse.

FREESTYLE TERRAIN MAY INCLUDE HALF-PIPES, AS WELL AS TERRAIN PARKS AND TERRAIN FEATURES. THEY ARE PROVIDED FOR YOUR ENJOYMENT AND OFFER ADVENTURE, CHALLENGE AND FUN. HOWEVER, FREESTYLE TERRAIN USE, LIKE ALL SKIING AND RIDING, EXPOSES YOU TO THE RISK OF SERIOUS INJURY. PRIOR TO USING FREESTYLE TERRAIN, IT IS YOUR RESPONSIBILITY TO FAMILIARIZE YOURSELF WITH ALL INSTRUCTIONS AND WARNINGS AND TO FOLLOW "YOUR RESPONSIBILITY CODE".

Freestyle Terrain contains man-made and natural terrain variations.

Freestyle Terrain changes constantly due to weather and use.

Inspect Freestyle Terrain before using and throughout the day.

In jumping and using this terrain, you assume the risk of serious injury.

Be courteous and respect others.

One user on a Terrain feature at a time.

Never jump blindly - use a spotter when necessary. Look Before You Leap!

It is your responsibility to control your body on the ground and in the air.

Always clear the landing area quickly.

Always ride or ski in control and within your ability.

Four main points of Smart Style

## **MAKE A PLAN**

Every time you use Freestyle Terrain, make a plan for each feature you want to use.

Your speed, approach and takeoff will directly affect your maneuver and landing.

## **LOOK BEFORE YOU LEAP**

Before getting into freestyle terrain observe all signage and warnings

Scope around the jumps first not over them

Use your first run as a warm up run and to familiarize yourself with the terrain

Be aware that the features change constantly due to weather, usage, grooming and time of day

Do not jump blindly and use a spotter when necessary

## **EASY STYLE IT**

Know your limits and ski/ride within your ability level

Look for small progression parks or features to begin with and work your way up

Freestyle skills require maintaining control on the ground and in the air

Do not attempt any features unless you have sufficient ability and experience to do so safely

Inverted aerials increase your risk of injury and are not recommended

## **RESPECT GETS RESPECT**

Respect the terrain and others

One person on a feature at a time

Wait your turn and call your start

Always clear the landing area quickly

Respect all signs and stay off closed terrain and features

Know your Limits and ability level and select the appropriate Freestyle Terrain for you.

Your condition, speed, balance, body movements, alignment, trajectory and maneuver difficulty will **DIRECTLY AFFECT YOUR DESIRED OUTCOME.**

Know the intended use of the Freestyle Terrain you have chosen. For example, some features are intended to be used in a series with no stopping and some individually with stopping areas; jump takeoffs are for jumping and rail takeoffs are for entering onto rails.

Your actions can take you out of balance and cause serious injury or death, no matter how the feature is designed or where you land. Land on your feet!

Transitions are changes in the shape and pitch of the snow or feature, or changes from one type of sliding surface to another. Transitions can be gentle or abrupt, and demand that users be alert and respond to them with accurate movements.

Know where to Land. The SWEET SPOT is between the "knuckle" and center of the landing zone. Even if you land on or near the sweet spot, you can still be seriously injured or die if your landing posture is not correct.

**INVERTED MANEUVERS ARE NOT RECOMMENDED.**

BE AWARE that features change constantly due to snow conditions, weather, usage, grooming and time of day.

Read and obey all posted signs, instructions and warnings before using Freestyle Terrain.

Some resorts designate features as small, medium and large. Be aware these ratings are determined by size, not degree of difficulty, and are relative only to that resort.